

## ABOUT THE AUTHOR

# LORNA JHENISE COCHRANE

LORNA JHENISE COCHRANE was born and raised on the island of Antigua, located in the heart of the Caribbean. She is the daughter of a former Politician, the late Eustace Cochrane Sr. and Launa "June" Cochrane of Antigua. In 1989, at the age of eight, Jhenise became the first Miss Antigua Petite. Professionally, she has over 21 years of diverse experience as a Systems Analyst and is a Senior Strategy Analyst, Business & Management Consultant. She is a first-generation learner, and her academic background is in Computer Information Systems, Project Management, Business, and the Psychology of Management and Organizations attained at DeVry University & the CUNY School of Professional Studies. Jhenise has taken it a step further and has recently attained an MBA with a concentration in Healthcare Management at Southern New Hampshire University. She believes in Diversity and Inclusion, the credence of the National Society of Leadership and Success honor society that she is a member of, and is certified in Advanced & Executive Leadership. Motivated by Maslow's Hierarchy of Needs theory, is her desire to achieve self-actualization. The ability to accomplish her professional endeavors by empowering and enriching herself and others contributes to her personal growth and career development. Jhenise started pursuing her Doctorate in 2024 as she continues towards the mark of self-actualization.. She is the mother of young adult twin boys Kyle and Kameron Cochrane Jeffers and is devoted to the development of her children, family, friends, and the global community.

## MY EDUCATION

### **ASSOCIATES OF SCIENCE IN COMPUTER INFORMATION SYSTEMS, AS.**

DeVry University

### **BACHELOR OF SCIENCE BUSINESS, B.S.B.**

Minor: Psychology of Management & Organizations  
Magna Cum Laude  
CUNY School of Professional Studies

### **MASTER OF BUSINESS ADMINISTRATION, MBA.HMA (HONS)**

Concentration: Healthcare Management  
Southern New Hampshire University

## **INTERNATIONAL/NATIONAL CERTIFICATIONS**

### **FRED PRYOR LEARNING – Business**

**GARD Center, Antigua - Business Management**

### **NATIONAL SOCIETY OF LEADERSHIP & SUCCESS – NSLS**

Foundations of Leadership, Advanced Leadership, Executive Leadership Certification program.

### **SNHU**

- Data Analytics – Introduction, Revenue, Business
- Project Management
- Microsoft Power BI
- Building Personal Resilience
- Preparing & Understanding For (Rpa) Implementation & Cultural Shift
- Building Your (Rpa) Robotics Process Automation Strategy
- Change Management
- Customers, Suppliers, and Supply Change Management

### **SNHU (cont'd)**

- Time Management
- Information Technology & E-Business
- Information For Advantage & Knowledge Management
- Emotional Intelligence
- Current Position of The Organization Analysis
- External Environment and Analysis
- Internal Environment and Analysis
- Leading VS Managing
- Inbound Marketing
- Logical And Critical Thinking
- Mission, Vision, And Stakeholders
- Options And Choices
- Performance Measurement Techniques
- The Process Of Strategy Formulation